# Veteran's Treatment Courts A Primer

#### An Overview

- What are they?
- Why do they exist?
- Who do they serve?
- How are they structured?

### What Are Veteran's Treatment Courts?

- Alternatives to traditional justice system approach
  - i.e., prison, jail, straight probation
- Focus on treatment rather than punishment

#### Parallels with Other Treatment Courts

- Drug Court
- Mental Health Court
- DUI Court
- Domestic Violence Court

#### What Are Veteran's Treatment Courts

- Intended to address unique needs of specific populations
  - Veteran specific issues
    - PTSD/MH
    - Substance abuse
  - High risk/high needs
  - Excludes sex offenders
  - Qualified acceptance for violent offenders

# Who Do They Serve?

Justice Involved Veterans	2015	2016	2017
Probation & Parole	1,063 or 7%	1,168 or 8%	1,159 or 7%
Prisons	685 or 9%	603 or 8%	622 or 8%

## High Risk/High Needs?

- Level of Services Inventory Revised (LSIR)
  - Quantitative survey of offender attributes and their situations relevant to level of supervision and treatment decisions
  - Intended to help predict parole outcome, recidivism
  - Results in score from 0 54 quantifying risk
    - Low: 0 15
    - Moderate: 16 30
    - High: 31 54
  - Intended to be a programming rather than sentencing tool

# High Risk/High Needs?

Preservation of resources

Effect on low risk offenders

Cutoff for eligibility

#### Structure

- Four phases 12 to 18 months minimum
  - 1 Orientation, Stabilization, Engagement
  - 2 Treatment
  - 3 Transition to Community Engagement
  - 4 Maintenance of Recovery & Coping Skills

## Therapeutic vs. Adversarial

- Expectations
  - Abstain from drug/alcohol use
  - Take prescribed medications
  - Attend required treatment
  - Submit to random UA's
  - Meet with Probation/Team members
  - SHOW UP!

# Therapeutic vs. Adversarial

Expectations = Target Behaviors

## **Motivating Behavioral Change**

What is the behavior to be targeted?

 Does the behavior need an incentive, a sanction or a treatment response? The purpose of incentives and sanctions is to keep participants engaged in treatment.

## Target Behavior

#### Response:



## **Effective Incentives/Sanctions:**

Reliably monitor participants' behaviors

Applied quickly and with certainty

Administered on a gradually escalating sequence

Imposed in a way to insure procedural fairness

#### **Procedural Fairness**

- Non-jail Sanctions
  - Essay
  - Community Service
  - Increased contact with treatment team
- Jail Sanctions
  - Start small
  - Over 6 days = diminishing returns

## Objective

The goal in imposing sanctions is **not** punishment

The goal is to change a behavior

## Structure Team Approach

- Team members:
  - Prosecutor, Defense Counsel, Probation Officer, Treatment Provider, Law Enforcement, Court coordinator, Judge.
  - Each have individual perspective on participant's performance and needs

#### Veteran's Treatment Court Outcomes

- No national study specifically focused on veterans
- Largely a function of youth
  - First Drug Court: 1989 in Miami Dade County
  - First Mental Health Court: 1997 in Broward County, Florida
  - First VTC: 2008 in Buffalo, NY
- 60%/30%/3%

# Summary

# Video Introduction

https://youtu.be/PrpytvX3YSE

THE END

Questions?